



Juneau Softball Association COVID-19 Mitigation Protocol

JSA Softball will start its 2021 season with the following precautions.

There will be a “No unnecessary contact, No-High Five policy” to be observed on and off the playing field. Group hugs/celebrations are not allowed. Teams should do a post-game cheer and leave the field.

Prior to League Start/Health status screening – Participants

JSA will require a health status agreement to be signed during the registration of teams, setting of League and Tournament rosters and any other activities administered by JSA.

- Participants must agree to not participate in a JSA activity if they:
 - Are exhibiting the current CDC recognized symptoms consistent with COVID-19; People with COVID-19 have had a wide range of symptoms reported – ranging from mild symptoms to severe illness.
 - Symptoms may appear **2-14 days after exposure to the virus**. People with these symptoms may have COVID-19:
 - Fever or chills
 - Cough
 - Shortness of breath or difficulty breathing
 - Fatigue
 - Muscle or body aches
 - Headache
 - New loss of taste or smell
 - Sore throat
 - Congestion or runny nose
 - Nausea or vomiting
 - Diarrhea
 - *This list does not include all possible symptoms. CDC will continue to update their list as they learn more about COVID-19.
 - Have knowingly been in contact with a suspected or positive case of COVID-19 within the past 14 days;
 - Are within 72 hours of exhibiting significant COVID-19 symptoms or a fever;
 - When recovering from a case of COVID-19, are less than 14 days from onset or less than 72 hours since the end of significant symptoms or fever; and
 - Have traveled outside of Juneau and have not complied with the most recent CBJ and/or State Travel Mandates. The most recent information can be found: <https://covid19.alaska.gov/wp-content/uploads/2021/02/02.14.21-Health-Advisory-2-International-and-Interstate-Travel.pdf>

Participants must agree to inform someone from JSA if they do become sick within seven days of participation in a league game, event, or practice so that other Participants can be informed that a fellow Participant became sick and they should monitor for symptoms and practice recommended social/physical distancing measures.

Hygiene and Sanitization

- CBJ and JSA will make sure soap is available in the restrooms.
- Wash your hands often with soap and water for a least 20 seconds, especially after blowing your nose, coughing or sneezing. If soap and water are not readily available, use a hand sanitizer that contains at least 60% alcohol.
- Avoid touching your eyes, nose, and mouth.
- Always cover your mouth and nose with a tissue when you cough or sneeze, or use the inside of your elbow. Throw used tissues in the trash immediately and wash your hands with soap and water or use hand sanitizer if soap and water is not readily available.
- Sanitization protocols will be posted around the field.

Preparing for the Game/On the Playing Field

- Teams will be responsible for providing sanitizer and disinfectant wipes for their team.
- All gear will be sanitized prior to starting a game. Gear includes balls, bats, gloves/mitts and batting/pitching masks.
- Players will maintain social/physical distancing while warming up between fields before their game.
- Cloth face coverings will be required anytime a player is in the dugout.
- All bats needing an umpire inspection will be placed along the fence line on the inside of the field prior to the start of the game.
- Managers will sanitize their hands prior to creating a lineup and handing it off to an umpire.
- Managers are responsible for ensuring any known sick player is not in the lineup, in the dugout or on the field.
- Game ball(s) and backup ball(s) will be sanitized each half inning for all leagues.
- For all Coed games, it is the responsibility of the batting team to have a base coach available to swap out the ball between men and women batters.
- For all games, it is the responsibility of the home team to have sanitized back up balls available to be put into play as needed.
- Social distancing of at least 6 feet is required between the catcher and the plate umpire. If social distancing of at least 6 feet is not able to be maintained, face coverings will be required to be worn by both the catcher and the plate umpire while in the defensive position.
- Players are not allowed to come out onto the field to congratulate players when scoring or after home runs.
- Players are not allowed to lick fingers and wipe them off while on the field.
- Before leaving the dugout after a game, the team is responsible for making sure all trash is disposed of and the walls and benches are sprayed with sanitizer.
- When one team exits the dugout, the waiting team will not enter until all players have exited.

Spectators

- Spectators are required to observe social/physical distancing per the most recent CBJ mandates.
- Signs will be posted around the field with these guidelines.

Tournament Play – Results, door prizes and awards

- In-person results viewing locations (kiosk), prize distribution, and awards ceremonies will be done with social/physical distancing maintained per the most recent CBJ mandates.
- Results will be available on-line.

Food and Hydration

- If hydration and food is provided by concessions, JSA will abide by current health mandates regarding food handling.
- Face coverings and gloves will be worn by concession workers to ensure there is no cross contamination.
- The use of electronic credit card machines will be encouraged.
- There will be no sharing of food and beverages.

These Guidelines and Protocols will be modified as CBJ and/or State Mandates are updated.